



John and Bette McEvoy with Amy Quincy



Barry, Anthony and Phyllis Groves

Volunteer Spotlight

Bette McEvoy wears many Hart Felt “hats” as a client volunteer, a Board Member and Chair of our Fundraising Committee, and as our Transportation Services Coordinator. She was a teacher in Athens, Georgia, until 2002 when she and her husband John retired and relocated to Jacksonville. They are members of Ponte Vedra UMC, enjoy traveling, have twin daughters who live in New York and South Carolina, and have two grandchildren. John became a Hart Felt volunteer when we first began and is still actively involved in ramp and repair projects. Bette joined us months later when she felt Hart Felt was the answer to her question to God, “What do you want me to do?”. Bette took some time off from Hart Felt to help develop the new Ponte Vedra Senior Center, building their volunteer program and increasing the number of people served from 90 to 1200. Even though Bette has taken on even more responsibilities since her return, the most fulfilling moments she experiences are one-on-one with her client, Amy Quincy. Amy survived a brain hemorrhage and has tremendous courage and tenacity. Although confined to a wheelchair, she lives independently and enjoys, with special adaptations, horseback riding, kayaking, and even plans to go skiing in March. John has built Amy two wheelchair ramps that have changed her life, and together he and Bette prepare meals which Amy can manage herself with the help of a microwave. The McEvoy's are a great blessing to this ministry!

Statistics for the Last 12 Months:

Volunteers: 144 ♥ Clients: 348 ♥ Donated Hours: 9,320
5,721 Individual Acts of Love ♥ Value to Community: \$179,000

Client Spotlight

A courageous lady with a great sense of humor, Phyllis Groves has a storehouse of memories of her modeling days in California and her friendships with movie stars. But today she describes the collective disabilities of her two sons and herself as, “We have 3 good arms among the 3 of us.” Phyllis’ life changed forever 15 years ago when complications from a routine laminectomy left her confined to a wheelchair. She lives with her 2 sons – Barry and Anthony. Barry, too, is confined to a wheelchair due to cerebral palsy, but he has inherited his mother’s bright outlook on life and volunteers at his church. Anthony also has physical challenges but doesn’t let them keep him from serving as his family’s full-time care giver. This is a family that relies on each other and their faith in God to carry them through. Hart Felt is honored to serve them.

Welcome New Volunteers:

Kishea Brown ♥ Bernadine Forshee ♥ James Forshee
Sharon Forshee ♥ Chris Grasinger ♥ Gilda Ham
Ashley Hemann ♥ Carolyn Herring ♥ Linda Lowman
Lisa Marringer ♥ Sharon Miller ♥ Greta Schreuders
Rachialle Washington ♥ Hester Wolf



Please note our new
mailing address:
P.O. Box 54699
Jacksonville, FL 32245

PREVENTING ELDER FRAUD

Seniors often find themselves barraged by solicitors with financial scams, but elder fraud can hit even closer to home. Vulnerable seniors can fall prey to malicious but trusted care givers and succumb to financial exploitation. If you are worried that an older friend or loved one is being taken advantage of financially or in any other way:

1. **Report It** Contact the Florida Protective Services System Hotline at 1-800-962-2873. The information you provide is held in confidence, and any resulting investigation is done in a very professional way.
2. **Maintain Communication** Talking with your elder loved ones helps decrease isolation, a risk factor for mistreatment. Give them the opportunity to talk about what is going on.
3. **Be On The Lookout** Recognizing early indicators, such as confusion about their financial situation, physical bruises or anxiety, can help prevent abuse.
4. **Encourage Prevention** Suggest they put themselves on the National Do Not Call Registry (DoNotCall.gov or 888-382-1222). Let them know it is NOT impolite to hang up on aggressive telemarketers. Get to know strangers who suddenly become interested in your loved ones' personal affairs.

FREE HOUSE CLEANING FOR WOMEN CURRENTLY UNDERGOING CHEMO

Cleaning for a Reason is offering free housecleaning to any woman who is currently undergoing chemotherapy. It is offered 1 time per month for 4 months while she is in treatment. All she has to do is "sign up" and have her doctor fax a note confirming the treatment. Cleaning for a Reason will have a participating maid service in her zip code area arrange the service. For more details on how to "sign up," visit their website at www.cleaningforareason.org. If you do not have access to a computer, you can call Joy Martin at 571-6447 for the needed documents.

END OF YEAR TAX-DEDUCTIBLE DONATIONS

Thank you very much for your support this year – your time, your talents, your prayers, and your treasure. If one more tax-deductible donation in 2009 would help reduce how much of your treasure the IRS takes, we hope you'll consider giving to Hart Felt Ministries. \$.90 out of every \$1.00 received goes right back into the Hart Felt Ministries program, providing practical services and advocacy for Jacksonville's frail, isolated, and often homebound seniors to empower their independence, to ensure they are not forgotten by their community, and to demonstrate God's love for them.

COMMUNITY SUPPORT

Hart Felt has just been blessed to receive some tremendous local support to help pay for materials for wheelchair ramps and repairs.

At the home of our client Rachel Gilmore, we were awarded an \$8,000 grant by THE PLAYERS Championship during the "Red Coat Ride Out," part of THE PLAYERS "Giving Back Month." This is the first year Hart Felt has been privileged to receive this recognition and we are very grateful. When combined with other monies received through their volunteer Mission: Impact program and Birdies for Charities, we received \$12,688 from THE PLAYERS in 2009.



At a recent meeting of the Hart Felt Board of Directors, our volunteer Lynn Cason presented us with a check for \$2,500 from her employer, Everbank. This was another "first" for Hart Felt, and we are very grateful for this vote of confidence for the work we do.

Our mission is to provide, at no charge, through a network of community volunteers, non-medical support services and companionship to the frail elderly who require assistance in living independently.

Board of Directors: Dr. Paul Larson (Chairman), Bill Womble (Treasurer), Cecil White, Jr. (Secretary), Ray Wortherly, Phyllis Luther, Bette McEvoy (Fundraising Chair), Loree Reed, Daphne Colbert, Doc Stokes, Jackie Perry (Intern), Jane Hart (ExOfficio-President) Hart-Felt@comcast.net ♥ 904-538-0306 ♥ HartFelt.org